Corona crisis NL



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What went wrong?

- Models -- effect vs. mechanism
- PCR testing -- viable vs. performance
- Antibody testing -- safe vs. real
- Treatment -- double blind vs. cross refference
- Measures mitigation vs. containment
- Dogma's and how to avoid them

What we knew in Feb 2020

- CFR ~1% at highest
- At least 30% asymptomatic
- Aerosols
- Loss of smell



https://www.youtube.com/watch?v=gAk7aX5hksU&t=1565s

What we know now

• CDC \rightarrow 0,26% IFR

- Chance per capita is lower
 - dying with COVID19 or from COVID19
 - No complete infection spread
- Fatality % = infection probability x mortality risk

https://in.dental-tribune.com/news/new-estimate-by-the-cdc-brings-down-the-covid-19-death-rate-to-just-0-26-as-against-whos-3-4/?fbclid=lwAR02-kvwge-9M8J8bmgdY8ZYInGk34K5U0RZieQ8QGz6y7IBGnV1E1AJQZs https://www.ukbonn.de/C12582D3002FD21D/vwLookupDownloads/Streeck_et_al_Infection_on_fatality_rate_of_SARS_CoV_2_infection2.pdf/%24FILE/Streeck_et_al_Infection_fatality_rate_of_SARS_CoV_2_infection2.pdf/https://www.youtube.com/watch?v=vrL9QKGQrWk

Transmission of Corona

Asymptomatic shedding of virus by breathing

Rhino, Influenza & Corona are all airborne

Corona less detectable in droplets and aerosols

https://www.nature.com/articles/s41591-020-0843-2

https://www.youtube.com/watch?v=tQNuThIjGgg

https://www.inquirer.com/health/coronavirus/coronavirus-covid19-antiviral-cure-antibiotic-20200318.html

Models -- effect vs. mechanism

Model based on R0

Based on effect observation

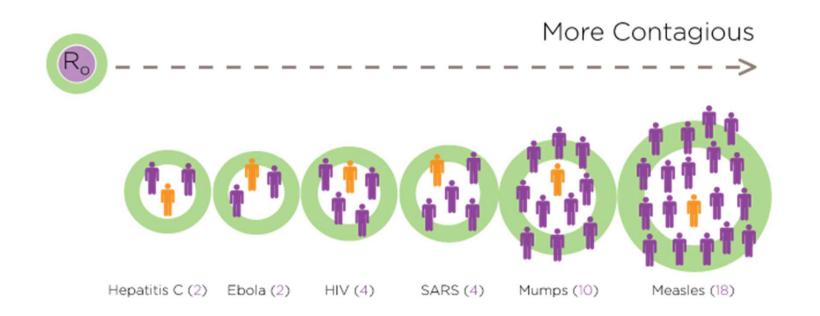
to note that \mathcal{R}_0 is a dimensionless number and not a rate, which would have units of time⁻¹. Some authors incorrectly call \mathcal{R}_0 the "basic reproductive rate."

We can use the fact that \mathcal{R}_0 is a dimensionless number to help us in calculating it.

$$\mathcal{R}_0 \propto \left(\frac{\mathrm{infection}}{\mathrm{contact}}\right) \cdot \left(\frac{\mathrm{contact}}{\mathrm{time}}\right) \cdot \left(\frac{\mathrm{time}}{\mathrm{infection}}\right)$$

Assumptions for R0

- no one has been vaccinated
- no one has had the disease before
- there's no way to control the spread of the disease



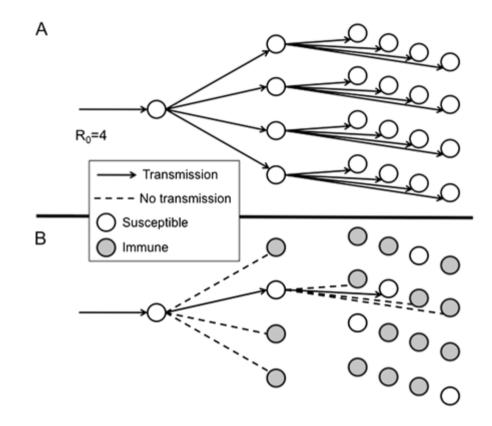
Herd immunity

Directly related to (R0)

Previous immunity

Social interaction

https://academic.oup.com/cid/article/52/7/911/299077



Problem with R0/Herd immunity

Circular dependency R0 → ← Herd Immunity

R0 is <u>estimated</u> on <u>assumptions</u> on population factors

No actual "zero" state

Mechanism model

Based on multiple factors

- Aerosol factors
- Compartment factors
- Biological factors

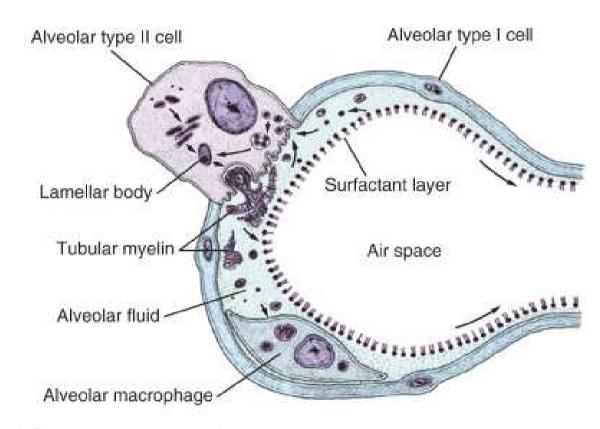


Aerosols factors

Temperature

Humidity

Air pressure



Vapor pressure (Surfactant)

https://www.maurice.nl/2020/05/24/zo-werkt-airborne-besmetting-door-rebecca/ http://flipper.diff.org/app/items/info/3790

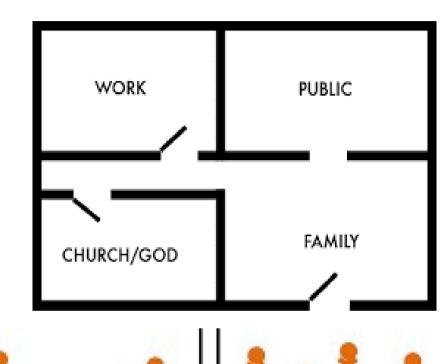
Compartments factors

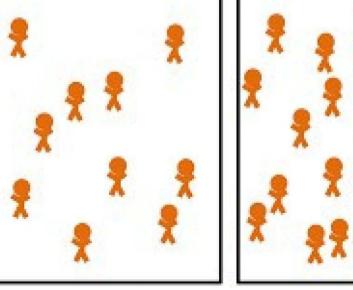
Size of compartment

Density

Open compartments

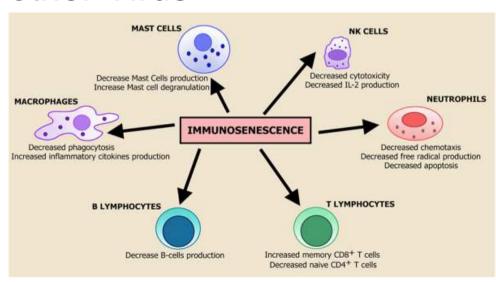
Duration





Infection factors

- General immune system
- Previous immunity
 - Older strains of Corona
 - Previous Vaccination of other Virus
- General health
 - Cardio vasc. disseases
 - immuno scenecence
 - Obese/Diabetic

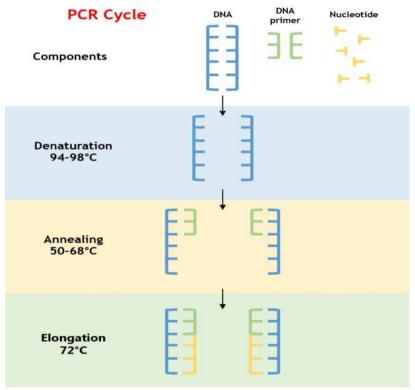


PCR testing -- viable vs. performance

PCR false pos & false neg

- PCR picks up remnant of non viable virus
 - no second infections!

- Faringal swab →
 25% false negatives!
- Sheer size of operation



https://www.ams.edu.sg/view-pdf.aspx?file=media%5C5556 fi 331.pdf&ofile=Period%20of%20Infectivity%20Position%20Statement%20(final)%2023-5-

Antibody testing -- safe vs. real

Antibody Studies

Gangelt 14%

2D3002FD21D/vwLookupDownloads/Streeck et al Infection fatality rate of SARS CoV 2 infection2.pdf/%24FILE/Stree ck et al Infection fatality rate of SARS CoV 2 infection2

• Diamond Princess 19% https://www.eurosurveillance.org/content/10.2807/1560-

• New York 13-21% https://www.cnbc.com/2020/04/23/new-york-antibody-study-estimates-13point9percent-of-

- NL
 - PIENTER not published
 - Sanquin 3 % (14% aspecific)

Innate & Acquired immunity

- Innate response → non specific
- Acquired response → specific
 - Current virus
 - Previous infections

While the innate immune response is immediate, the adaptive immune response is not. However, the effect of the adaptive immune response is long-lasting, highly specific, and is sustained long-term by memory T cells.

	Line of Defense	Timeline	Cells	Antigen Dependency	Examples
Innate (non- specific)	First	Immediate response (0 -96 hours)	Natural killer cells, macrophages, neutrophils, dendritic cells, mast cells, basophils, eosinophils	Independent	Skin, hair, cough, mucous membranes, phagocytes, granulocytes
Adaptive (specific)	Second	Long term (>96 hours)	T and B lymphocytes	Dependent	Pus, swelling redness, pair T and B lymphocyte response

Sanquin vs innate immunity

Results

- Date 1-15 april
- Size 6000
- ~3% positive

Claims

– Herd immunity not an option?

https://erj.ersjournals.com/content/18/3/571

https://www.sciencedirect.com/science/article/abs/pii/S002 2175998000891

Uncertainties

- Sampled no sick
- Sensitivity
- Innate immune
- Previous acquired immune
- Assume 15% or higher?

PIENTER-RIVM

Date

- March, still not published
- Pico plus 8 june
- Wrong sample size?
- Why not publish now?



https://www.rivm.nl/en/pienter-coronastudy

Treatment -- double blind vs. cross refference

Different groups/treatments

- Innate Immune (& compatible ab) → not infectious
- Asymptomatic → infectious via aerosols
- Mild symptomatic → infectious
- Severe symptoms → infectious
 - Cardio Vascular diseases (underlying)
 - Diabetic/obese diseases (underlying)

The case of HCQ

- The Lancet → NO
 - Efficacy no increase
 - Mortality increase
 - Double blind, randomized, peer reviewed ←

- Zelenko Protocol → YES
 - Efficacy high
 - Mortality decrease
 - Cross referenced ←

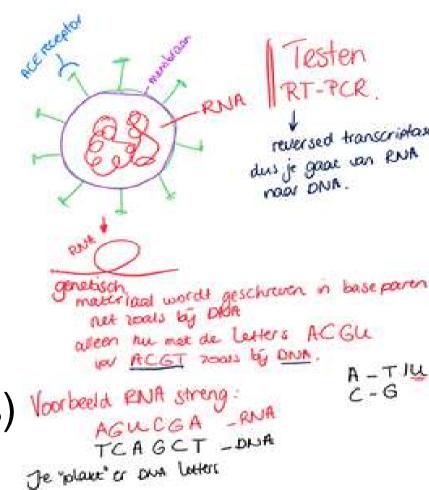
The Lancet

- No Zinc
- No supplements
- Late stage treatment
- Not a study! (review or collection of data)
- Increased mortality due to interaction of medicine
 - e. g. Digoxine and HCQ → interaction
 - Contra indications overlooked

https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(20)31180-6/fulltext

Zelenko Protocol

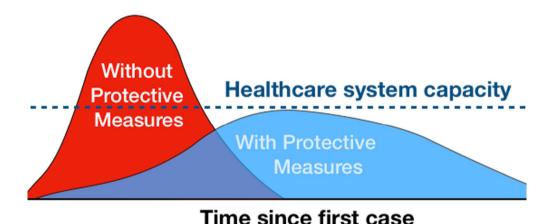
- HydroxyChloroquine
- Azitromycine
- Zinc
- Vit D
- Vit C
- Early stage (first symptoms) Voorbeeld ENA streng
- 4-5 days
- Contra-indication for cardio vascular diseases



Measures – mitigation vs. containment

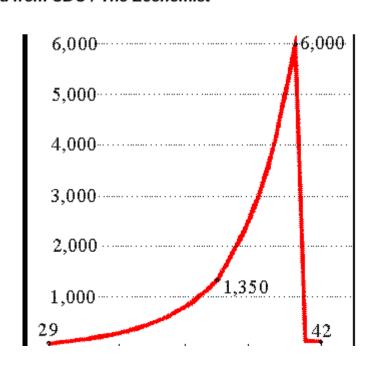
Mitigation vs Containment

- Mitigation
 - Flatten the curve



Adapted from CDC / The Economist

- Containment
 - Crash the curve



Current status – containment?

Group 1 → lockdown, is NOT suitable for mitigation! lockdown is for containment.

https://www.forbes.com/sites/lisettevoytko/2020/05/06/majority-of-new-coronavirus-cases-in-new-york-are-from-people-staying-at-home-not-traveling-orworking/?fbclid=lwAR2fHUFKmPKqS1VOBhOSkI2_Fm9gV7r2ZdIFdSSomTv3RIdMD0wRt-ip5vY#613bfbf1655e_https://www.ams.edu.sg/viewpdf.aspx?file=media%5C5556_fi_331.pdf&ofile=Period%20of%20Infectivity%20Position%20Statement%20(final)%2023-5-20%20(logos).pdf&fbclid=lwAR0yKqmwC1DBr-9BqxRCoZ2uoXypoZKXrwAidb6UFf6Iy5-_https://nypost.com/2020/05/26/nobel-prize-winner-coronaviruslockdowns-saved-no-lives/?utm_source=facebook_sitebuttons&utm_medium=site+buttons&utm_campaign=site+buttons

Social distancing is not proven to be effective (0 articles)

 Social distancing is associated with Mental illness and Crowd control

Group 2 – Mitigation

Decrease travel (stop flying!)

Profylaxe (vitamin D & C & Zinc)

- Testing and tracing, isolate
- Early treatment
- Isolate the risc groups
- Prepare the health and care facilities

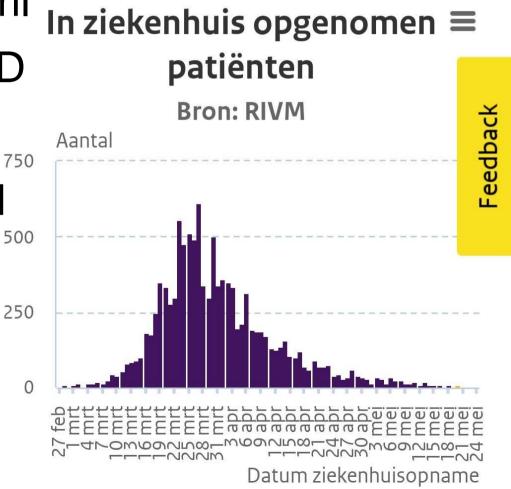
https://www.nature.com/articles/nature04795

https://lci.rivm.nl/richtlijnen/sars#profylaxebehandeling



Graphs explained

- Hospital peak on 26 march
- Mortality peak on 7 april
- 12 days between H & D
- 5-6 days incubation
- 10 days between I & H
- 3 weeks I & D

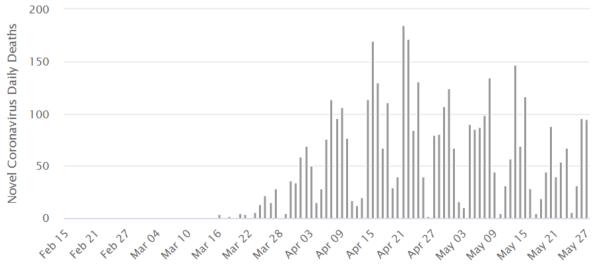


Sweden

- Start 16 march, Peak 21 april, Crash ~ 1 August
- Measures asked, not forced
- Declining slowly

Daily Deaths

Deaths per Day Data as of 0:00 GMT+8

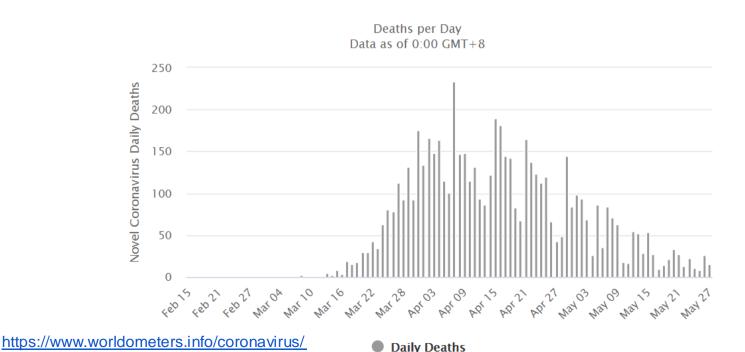


https://www.worldometers.info/coronavirus/

Daily Deaths

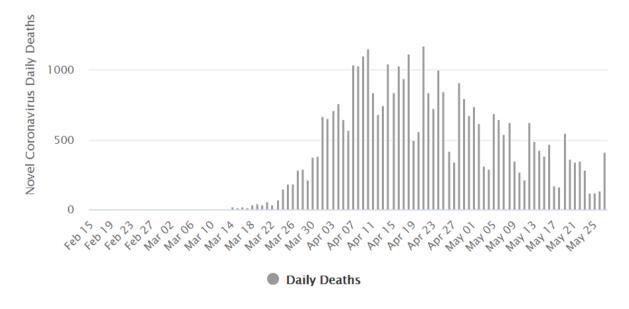
Netherlands

- Start 16 march, Peak 10 april, Crash ~ 1 june
- Lockdown just before the maximum spreading
- No overflow of health care, even at the peak



UK

- Start 16 march, Peak 10 april, Crash ~ half june
- Lockdown was AFTER the peak of infections
- The peak of infections is the same date as NL
- Shape is in between Sweden and NL



Lockdown and surge (NL)

lockdown has caused the surge

Tabel 6. Virologische dagstaat. Meldingen t/m 24 mei zijn samengevoegd per week¹³.

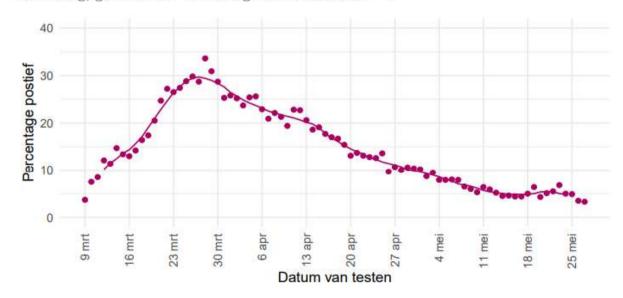
Datum van - tot	Labs	Geteste pers.	Pos. uitslag	% Pos.
2020-03-09 - 2020-03-15	30	17080	1529	9.0
2020-03-16 - 2020-03-22	35	21338	3953	18.5
2020-03-23 - 2020-03-29	37	24745	7232	29.2
2020-03-30 - 2020-04-05	40	29098	7424	25.5
2020-04-06 - 2020-04-12	41	38960	8391	21.5
2020-04-13 - 2020-04-19	42	40102	7140	17.8
2020-04-20 - 2020-04-26	43	38395	4947	12.9
2020-04-27 - 2020-05-03	43	28814	2900	10.1
2020-05-04 - 2020-05-10	45	28854	2067	7.2
2020-05-11 - 2020-05-17	47	32592	1677	5.1
2020-05-18 - 2020-05-24	49	27929	1532	5.5
2020-05-25	44	4003	195	4.9
2020-05-26	41	5466	190	3.5
2020-05-27	39	5305	173	3.3

¹³Labs = Aantal rapporterende laboratoria, Geteste pers. = Aantal geteste personen, Pos. uitslag = Aantal personen met een positieve laboratoriumuitslag, Percentage pos. = Percentage positieve uitslagen.

Curvature shows surge (NL)

- Curvature \rightarrow on March 16th \rightarrow resurge until peak on March 28th

Figuur 18. Percentage van personen dat getest is op SARS-CoV-2, met een positieve testuitslag, gemeld door de virologische laboratoria^{14,15}.



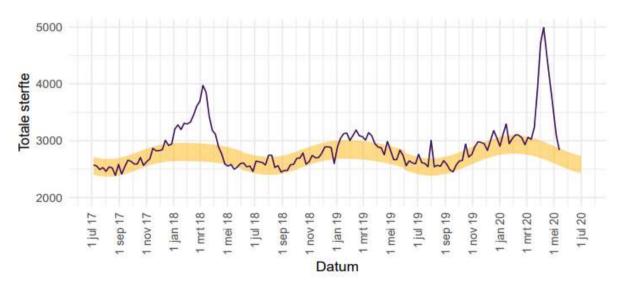
Deze gegevens worden iedere maandag t/m vrijdag bijgewerkt, behalve op feestdagen.

¹⁴Gegevens van de huidige week zijn nog incompleet.

¹⁵De bolletjes geven het percentage per dag aan; de lijn een 7-daags lopend gemiddelde per dag.

Area under the curve (NL)

- Almost the same area
- 2020 a steeper peak
- Highest # infections after lockdown



Deze grafiek wordt iedere vrijdag in deze rapportage bijgewerkt. Voor gedetailleerde informatie zie: RIVM - Monitoring Sterftecijfers en CBS. Zie EuroMOMO voor een Europees overzicht.

Lockdown → surge of infections & surge IC's

Summary

- Sweden flattened → mitigation
- UK & NL did not → no mitigation, containment ?
- Deaths per capita ~ equal
- Sweden decreases → herd immunity
- The lockdown did not have a significant effect on the mitigation
 - It has caused a sharp increase and nearly overwhelmed the hospitals

Exit strategy

- Mitigation → chance of success: large
 - Sweden as example
 - Limited measures

- Containment → chance of success : small
 - Surrounding countries
 - Testing volume challenge
 - Collateral damage



Dogma's and how to avoid them

Dogmas

- During the Bubonic plague (14th century)
 - Quote 1 "The illness spread through the air "
 - Quote 2 "Wearing a mask prevents vapors"
 - In reality it was transmitted by flees..

- 48 chromosomes counted in 1923
 - not corrected until 1956

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1 2 3 4 5
6 7 8 9 10 11 12
13 14 15 16 17 18
19 20 21 22 X Y
```

Karyotype of a woman.

- Spinache has 0,81 mg iron
 - Brussels sprouts have 1,2 mg iron



stressed

Afraid to be wrong

Know-it-all

Territorial

Overly ethical

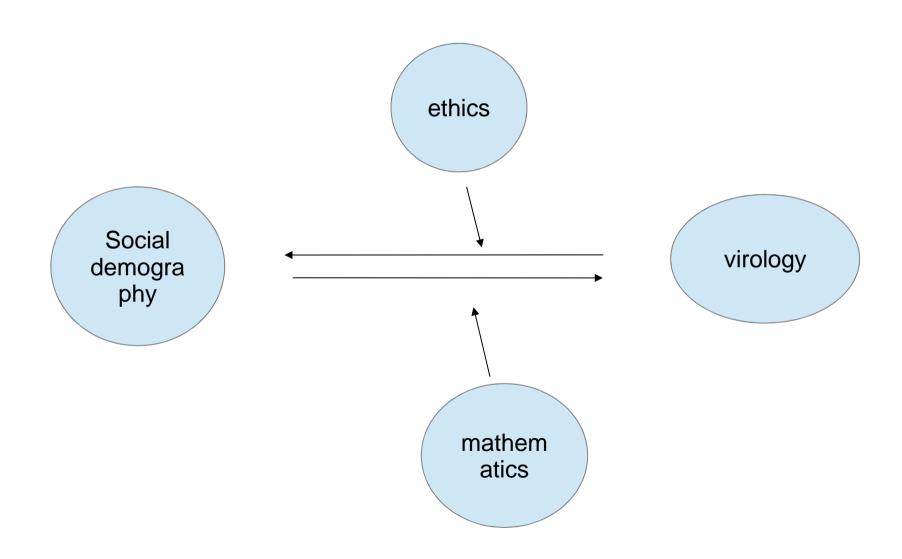
Tunnel vision

unstressed

A SCIENTIST is someone who...



Cross refferencing



Conclusion

- Very likely close to herd immunity
- Low CFR
- Likely only ~25% of population can be infected
- Most spreading is via Aerosols
- Virus shedder might be surfactant dependant
- Old models failed
- Cross referencing as crisis model for science
- Lockdown caused surge on IC
- Mitigation is the only real option