

Is Jared Loughner A Killer Zombie on Prozac?

Updated - January 18, 2011

A parody of a Zoloft ad by DrugAwareness.org

Loughner reportedly used pot. But far less noted is the probability that he was also on anti-depressants. The problem with anti-depressants is not that they don't help a lot of people, but with factors we prefer not to discuss. For example, what if anti-depressants were a significant reason why we are unable to mount effective opposition against an increasingly failing and anti-democratic government? Could the 1960s ever occurred if it had been on Prozac instead of pot? Nor do we discuss the far less theoretical relation between anti-depressants and mass murders. The media regularly suppresses any mention of the possibility yet an eerie correlation keeps cropping up.

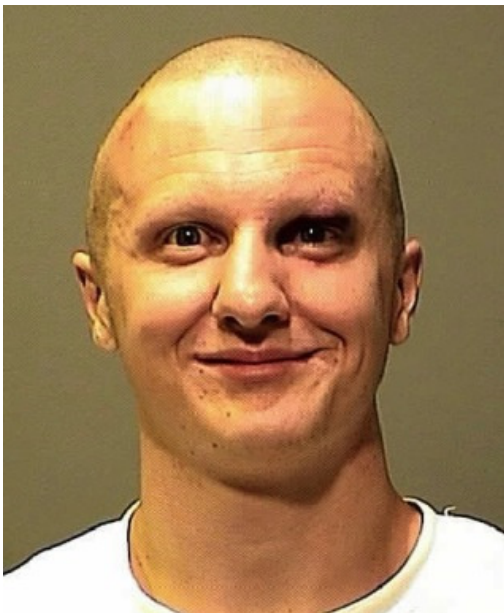
- ["The Blood on Our Floor"](#), by Sam Smith, [Progressive Review](#), 11 January 2011

When I heard that there had been another shooting on a college campus I knew that it was drug related; they all are. A couple years ago, when there were three such shootings in a month and I had found evidence that they were all related to antidepressant medications, my editors at *American Free Press* in Washington did not want me to write about it. They even tried to make fun of it. I knew that the connection between antidepressant medications and shooting rampages was a censored subject with the controlled press -- and was surprised to see it was the same at *American Free Press*.

- Christopher Bollyn, ["The Urgent Need to Understand the Dangerous Side Effects of SSRI Medications"](#), 16 February 2008

Acts of violence towards others are a genuine and serious adverse drug event associated with a relatively small group of drugs... We identified 1527 cases of violence disproportionately reported for 31 drugs. Primary suspect drugs included varenicline (an aid to smoking cessation), 11 antidepressants, 6 sedative/hypnotics and 3 drugs for attention deficit hyperactivity disorder (ADHD).

- [Prescription Drugs Associated with Reports of Violence Towards Others](#)



"I'm a sleepwalker – who turns off the alarm clock."

Is Jared Loughner another "Killer Zombie" on Prozac? Shortly before he went on a killing spree,

Loughner wrote that he was a sleepwalker who performed "motor acts while asleep." He was obviously affected by a dangerous sleep disorder known to be one of the most serious side-effects of antidepressants like Prozac. Just hours before the shooting, Loughner posted this goodbye message to his friends on Myspace: "Please don't be mad at me...I cannot rest."

When I first read about Jared Loughner's murderous shooting spree in Tucson, I noted that he had been rejected by the military because of unspecified drug use. The drugs that Loughner was taking were not identified, but I suspect he had a long history of taking the pharmaceutical drugs most often associated with violence in America – the SSRI antidepressants taken by millions of Americans and/or the amphetamines given to school-age children.

In one of his final postings online Loughner talked about being in a dreamlike state and sleepwalking:

All humans are in need of sleep. Jared Loughner is a human. Hence, Jared Loughner is in need of sleep...Sleepwalking. If I define sleepwalking then sleepwalking is the act or state of walking, eating or performing other motor acts while asleep, of which one is unaware upon awakening. I define sleepwalking. I'm a sleepwalker – who turns off the alarm clock...All conscience dreaming at this moment is asleep. Jared Loughner is conscience dreaming at this moment. Thus, Jared Loughner is asleep.

- Jared Loughner in a posting on YouTube

"I DEFINE SLEEPWALKING."

Because the "sleepwalking" state that Loughner describes is well known to be one of the most dangerous side effects among people taking (or in withdrawal from) SSRI antidepressants like Prozac, I strongly suspect that Loughner has a history of taking these prescription drugs. This extremely dangerous condition in which the patient performs "motor acts while asleep" is caused by long-term deprivation of R.E.M. sleep, the deep dream-filled sleep that is essential for mental health. This condition is caused by the SSRI antidepressants, which affect the serotonin levels in the patient. It is precisely in this sleepwalking state described by Loughner that Prozac patients commit the most horrible and mindless murders of which they are truly "unaware" as they are in a dream state. Andrea Yates, for example, a Houston, Texas mother, drowned her five children thinking she was helping them in 2001. Yates had been taking Effexor at twice the recommended maximum dosage for a month prior to killing her children.

An article on Prozac entitled [“Vital Information - Prozac, Zoloft, Paxil, Luvox and Related Drugs: Are Drugs Good For You?”](#) explains how this condition occurs and what it may result in:

The deepest level of sleep is called REM sleep, which stands for Rapid Eye Motion (the eyes move rapidly in this state). While dreams can occur in other levels of sleep, nightmares usually only occur during REM sleep. According to research reported by Ann Blake Tracy, Ph.D., Prozac and related drugs cause a drastic reduction in REM sleep and many individuals on Prozac start experiencing vivid nightmares. Depriving a person of enough REM sleep over time can cause the reaction of the person going into a REM sleep state while awake. But there is one other factor that is critical in understanding the whole picture. Normally, when asleep, the muscles are weak and more or less paralyzed. You may dream that you are running or moving, but your muscles are still. This is due to a built-in mechanism that causes a person's muscles to remain weak and still during sleep. A study in 1989 showed this paralysis of the muscles during sleep to be related to a particular neurotransmitter. A person on drugs like Prozac can apparently bypass this mechanism and can appear to be alert and awake but actually be in a deep sleep state.

Dr. Tracy documents a case of a person on Prozac who appeared awake and alert but whose brain

waves indicated he was actually in deep sleep! Dr. Tracy has documented cases where people in this "sleep walk" state actually had more strength and agility than when awake. Dr. Tracy has documented many cases of former users of Prozac who claim that while on the drug, everything seemed like a dream and unreal. Many users have done things that were completely out of character and have no recollection of them. Many former users liken finally getting off of the drug to waking up from a dream. What seemed to be unexplainable violent acts by individuals on Prozac are now easy to understand:

- 1) drug effects including altered perception cause the person to have violent thoughts and anger toward those around him;
- 2) he further has disrupted sleep and vivid nightmares;
- 3) at some point, the REM sleep deprivation forces him into an REM sleep state while awake; and,
- 4) because of a bypass of the normal mechanism that causes the muscles to remain still during sleep, he unknowingly acts out the violence of his nightmare in a "sleep walk" state.

If he does not kill himself (many of these mass murders include suicide) he will likely not even remember the incident.

This is why the first and most obvious questions to ask about Loughner's mental health should be about his medical history and the prescription drugs he has taken during the past five years. Unfortunately, these key questions will not be discussed in the corporate-controlled media, which is largely supported by "Big Pharma" advertising to promote these dangerous drugs.

THE BUSH FAMILY, PROZAC, AND THE C.I.A.

"The CIA had a great interest in drugs for chemical warfare and mind control in particular. After several years of using Scopolamine and liquid marijuana, they began searching for additional, even stronger mind altering drugs and turned to LSD. Their goal was to find a chemical which would: 1. cause a disruption in memory, 2. discredit individuals by producing aberrant behavior, 3. alter sexual patterns, 4. elicit information from the person, 5. open one's mind to suggestion for mind control, and 6. create addiction and dependence. If the reader will turn to the chapter entitled "Patient Reports", they will find those on Prozac reporting all six of these results as reactions to the drug."

- Dr. Ann Blake Tracy, *Prozac - Panacea or Pandora*

Though some mental health professionals insist that atypical antipsychotics such as Zyprexa are a great advance, I've met few Zyprexa users who agree. A few years ago, a well-read man with a professorial manner in his early 60s, diagnosed by several other doctors as paranoid schizophrenic, came to see me. He had, at various times, taken several types of antipsychotic drugs and told me, laughing loudly between each sentence, "I'm crazy on drugs and crazy off drugs. Haldol helped me sleep and Zyprexa helped me sleep, but I hated the Haldol and when I was on Zyprexa, I couldn't take a shit for three weeks. Now I don't take any drugs and I can't sleep and I am a big pain-in-the ass, but I can remember better what I read." A few weeks later he told me, "It's all friendly fascism. Yes, friendly fascism. Was it you who told me-or was it I who told you-that fascism is about the complete integration of industry and government under a centralized authority? Friendly fascism, right? I suppose I say 'friendly fascism' too much, but you're not Ashcroft and neither am I, right? Don't you agree that it's all friendly fascism?" Then he flashed a giant smile and said one more time, "Friendly fascism, right, Bruce?"

- Bruce Levine, ["Eli Lilly, Zyprexa & The Bush Family - \(& the CIA MK-ULTRA LSD experiments\)](#) May 8, 2004



U.S. President George W. Bush grasps the hand of his father, former President George H.W. Bush, September 14, 2001 at the National Cathedral. Papa Bush was former director of the C.I.A. and Eli Lilly, the manufacturer of Prozac. The Bush family business is drugs - legal and illegal. It is the drug smuggling of the Bush and Clinton families - and the Mossad - that ties the culprits of 9/11 together. Nothing binds people more closely than a crime they have committed together.

George "Papa" Bush, the former president and director of the C.I.A., was a director of Eli Lilly & Company, the manufacturer of Prozac. Lilly's C.I.A.-designed drugs are known to have very nasty side-effects, but these companies are highly connected and very well protected by the controlled media and venal politicians who accept their dirty dollars. In 2010, for example, the pharmaceutical industry and their 1,500 paid lobbyists dished out more than \$185 million to U.S. politicians, according to data from OpenSecrets.org. The previous year, 2009, Big Pharma spent nearly \$270 million (an average of \$500,000 per member) buying political support from the 535 members of the U.S. Congress. Why does the pharmaceutical industry need so much support from Congress? To answer that question, just look at what happened in Tucson and watch who takes the blame - and observe that the pharmaceutical companies, the real culprits, don't even get mentioned.



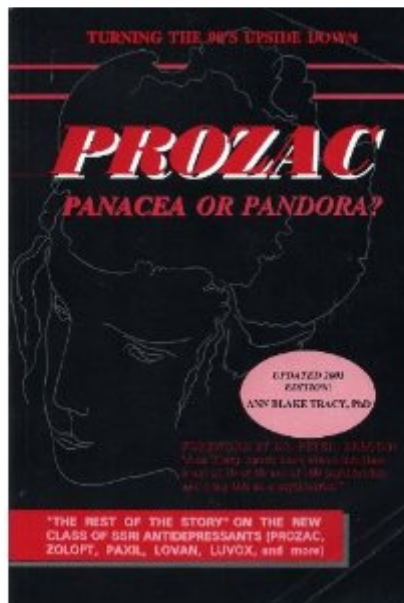
Commonly prescribed antidepressants like Prozac, Paxil, and Luvox are well known to cause violent and homicidal reactions as side effects - along with sleep disorders like the one described by

Jared Loughner. The school shooters at Columbine were taking these medications, as do millions of Americans on a daily basis.

TIME magazine has posted an article (based on the study cited above) entitled [“Top Ten Legal Drugs Linked to Violence”](#) in which five of the top ten drugs linked to violence and homicidal behavior are SSRI antidepressants: Fluoxetine (Prozac), Paroxetine (Paxil), Fluvoxamine (Luvox), Venlafaxine (Effexor), and Desvenlafaxine (Pristiq).

Amphetamines, such as Atomoxetine (Strattera), were also on the "Top Ten" list of drugs that cause violent reactions among users. Amphetamines are commonly prescribed to American school children misdiagnosed as suffering from a condition called ADHD. These drugs affect the brain's dopamine and noradrenaline systems. The study cited by *TIME* magazine found these amphetamines are about 10 times more likely to be linked to violence, compared to other drugs.

I have written several articles on the role of antidepressants in the school shootings that plague modern America. In 2006-2007, I completely edited a very large and detailed book about SSRI antidepressants titled *PROZAC: Panacea or Pandora? Our Serotonin Nightmare* written by Dr. Ann Blake Tracy in 1994. (Most unfortunately, Dr. Tracy, Executive Director of the [International Coalition for Drug Awareness](#) has not yet published the much improved and updated version of her book.) In 2006, I interviewed Mark Taylor, a former student from Columbine who was shot more than 10 times at close range by Eric Harris, who was on Luvox. Taylor tried to sue the manufacturer of Luvox but was taken alone into a room with lawyers from the pharmaceutical company who threatened to take everything his family would ever own if he continued with his lawsuit.



Prozac - Panacea or Pandora was written by Dr. Ann Blake Tracy in 1994. I completely edited the book in 2006-2007 and am waiting for Dr. Tracy to publish the updated version.

What I found most odd was that *American Free Press*, the newspaper that I wrote for at the time, refused to publish any of my articles about the role of SSRI antidepressants in school shootings. AFP also removed from my articles statements made by 9/11 widow Ellen Mariani about how the grieving relatives had been sent to consultations with specially selected Red Cross doctors who prescribed Prozac for all the relatives to help them cope with their loss. Mariani, a trained nurse, refused to take the Prozac, saying that a grieving person needs to "bite the bullet" and go through the grieving process in order to truly heal. Why would a "populist" newspaper that claims to be working on behalf of the American people be so protective of Big Pharma and their evil drugs?

As I wrote in my 2008 article entitled "The Urgent Need to Understand the Dangerous Side Effects of SSRI Medications":

When I heard that there had been another shooting on a college campus I knew that it was drug related; they all are. A couple years ago, when there were three such shootings in a month and I had found evidence that they were all related to anti-depressant medications, my editors at *American Free Press* in Washington did not want me to write about it. They even tried to make fun of it. I knew that the connection between antidepressant medications and shooting rampages was a censored subject with the controlled press -- and was surprised to see it was the same at *American Free Press*.

The fact that *American Free Press* refused to publish my articles on the dangers of SSRI antidepressants was a very clear indication that the paper is actually controlled by the same people at the C.I.A. who design and push these dangerous drugs. Three of the key people who edited and produced the paper were known drug users. The editor and lay-out editor openly told me that they did drugs when I began at the paper. The third person, AFP's star writer and author, actually lived with a man who was a known drug dealer in the Southeast quarter of Washington, D.C. After I was fired from AFP in October 2006, Michael Piper attacked me for having worked on Dr. Tracy's book on Prozac saying that she and I were Scientologists, which we are not. By his ridiculous and relentless slander against me, I can clearly see that Michael Piper and his cronies at AFP are really working for the same agencies who produce these evil drugs and profit from their billions of dollars in sales.



Christopher Bollyn and Mark Taylor in Colorado Springs in 2006. Taylor was shot more than 10 times at close range by a drug-crazed killer with an Israeli Uzi. He was forced to drop his lawsuit after being threatened by lawyers for the drug companies.

Sources and Recommended Reading:

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[SSRI Discussion Forum on Jared Loughner](#)

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http://www.bollyn.com/school-shootings#article_11080

“How Do SSRI Antidepressants Work?” by Christopher Bollyn, 5 May 2010

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